

ANASTASSIOS STALIKAS

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PROFESSIONAL PROFILE

Anastassios Stalikas is a Psychology professor at Panteion University of Social and Political Sciences, an adjunct professor at McGill University, and a visiting professor and research associate at several universities, such as the National and Kapodistriako University of Athens, the University of Thessaly, the University of Cyprus and the Sigmund Freud University in Vienna. He is the current President of the Hellenic Society of Positive Psychology, business consultant, trainer, coach, clinical psychologist and psychotherapist. His research interests spring from the fields of Clinical and Counselling Psychology and his research initiatives aim in understanding the manner in which people “flourish” psychologically by implementing their character strengths, experiencing positive emotions, finding meaning in their lives, and by developing their psychological resilience. He is the author of 10 scientific books, more than 60 chapters in scientific books, and 200 articles in scientific journals and conference presentations at the international scientific community.

EDUCATION

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| 1986-1991 | Ph.D. Clinical Psychology University of Ottawa, Canada |
| | Interrelationships Between Client Strength of Feeling, In-Session Client Change Events, and Type of Therapy. |
| 1985-1986 | M.P.S. Psychology University of Ottawa, Canada |
| 1981-1985 | B.A. Psychology |

WORKING EXPERIENCE

Full-Time Teaching

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| 2009-Present | Full Professor, Department of Psychology Panteion University of Social & Political Sciences, Athens, Greece |
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- 1998-2008 Associate Professor, Department of Psychology
Panteion University of Social & Political Sciences, Athens, Greece
- 1997-1998 Associate Professor, Department of Educational and Counselling
Psychology
McGill University, Montréal, Québec.
- 1991-1997 Assistant Professor, Department of Educational and Counselling
Psychology
McGill University, Montréal, Québec.

Part-Time Teaching

- 2014-Present Teaching and Research staff of the course: *Application of Positive
Psychology in Education and Life*, Global College, Cyprus, Nicosia
- 2012-Present Visiting Professor, Department of Psychology
University of Cyprus, Nicosia, Cyprus
- Doctoral Program in Clinical Psychology/Personality Assessment.
- 2010-Present Visiting Professor, Department of Preschool Education
National and Kapodistrian University of Athens, Athens, Greece
- Graduate Program in Counselling Psychology and Counselling in
Education, Health and Workplace/Research Methods in Counselling
Psychology: The Therapeutic Relationship.
- 2010-Present Visiting Professor, Department of Special Education
University of Thessaly, Volos, Greece
- Graduate Program in Counselling in Special Education, School and
Health/Counselling Theories, Ethics.
- 2010-Present Visiting Professor, Faculty of Medicine
National and Kapodistrian University of Athens, Athens, Greece
- Graduate Program in Stress Management and Health
Promotion/Counselling Models and Skills.
- 1998-2009 Visiting Professor, Department of Psychology
Panteion University of Social & Political Sciences, Athens, Greece
- Graduate Program in Organizational & Economic
Psychology/Psychometry I & II.

- 2003 - 2004 Visiting Professor, Department of Psychology
National and Kapodistrian University of Athens, Athens, Greece
- Graduate Program in Clinical Psychology/Psychometric Assessment
Scales I & II.
- 2003 - 2004 Visiting Professor, Department of Psychology/Department of
Communications & Media
Panteion University of Social & Political Sciences, Athens, Greece
- Interdepartmental Graduate Program in Psychology & Media/Research
Methods & Ethics.
- 1998 - 2002 Visiting Professor, Department of Sociology/Department of
Psychology
Panteion University of Social & Political Sciences, Athens, Greece
- Interdepartmental Graduate Program in Social Exclusion, Minorities &
Gender/Minorities Identity Development.
- June 1998 Visiting Professor, Department of Psychology
University of Crete, Rethymnon, Greece
- Graduate Program in Clinical Psychology/Research Methods in
Psychotherapy, Psychometry II.

International Teaching

- July – August 2017 School of Educational and Counselling Psychology,
Department of Education, McGill University, Montreal, Quebec / Special
topics in counselling
- July – August 2016 School of Educational and Counselling Psychology,
Department of Education, McGill University, Montreal, Quebec / Special
topics in counselling
- July 2011 Summer School, Sigmund Freud University, Austria / Research
Methods in Psychotherapy.
- July 2008 Summer School, Society for Psychotherapy Research (SPR),
Vienna, Austria / Research Methods and Study of Positive Emotions in
Psychotherapy.
- July 1997-August 1997 School of Educational and Counselling Psychology,
Department of Education, McGill University, Montreal, Quebec (in
cooperation with Indonesian Government & CIDA) / Centre for University
Teaching and Learning-Educational Techniques addressed to a group of 35
University Professors in Jakarta, Indonesia.
- July 1996-August 1996 School of Educational and Counselling Psychology,
Department of Education, McGill University, Montreal, Quebec (in
cooperation with Indonesian Government & CIDA) / Centre for University

Teaching and Learning- Educational Techniques addressed to a group of 35 University Professors in Yogyakarta, Java, Indonesia.

PROFESSIONAL LICENSES & REGISTRATION

- 2001-Present Registered in the Greek National Order of Program Evaluators, Greece
- 1998-Present License of practicing the profession of Psychology, Greece
- 1991 – 2000 Psychologist: Ordres des Psychologues du Québec

HONOURS & AWARDS

- **February 2020** Keynote speaker at Center for Adlerian Psychology (City College)- Adlerian Theory in Practice – “Searching for our Roots and Origins: Is Alfred Adler the Grandfather of Positive Psychology?”
- **January 2020** Keynote speaker at Association of the Chief Executive Officers, Bridges of Cooperation for Contemporary Governance in the Country - 3rd Year, "Life Lessons".
- **December 2019** Keynote Speaker at the RE360 Conference, “Positive Management, Reputation and Creating Meaning”.
- **November 2019** Keynote Speaker at the Conference of Alba, “Positive Leadership”, 3rd Bonding Conference, “Positive Leadership and the Positive Face of Leadership.
- **March 2019** Keynote Speaker at the Conference of Greek Society of Adlerian Psychology, “Positive Psychology 4x4: a Positive Psychology Approach, Aegean College, Greece.
- **May 2017** Keynote Speaker at the 8th Congress of the European Operating Room Nurses Association (EORNA), Rhodes, Greece.
- **March 2017** Keynote Speaker at the Open University of Crete, 'The Power of Positive Emotions', Cooperation of Hellenic Association of Positive Psychology with Open University of Crete for Seminars in Chania, Heraklion and Rethymnon.
- **January 2017** Keynote Speaker at the Open Skill Seminar 'Positive Psychology for Working Resilience' organized by Knowl social enterprise for life long learning, OTEAcademy, Athens
- **March 2013** Keynote Speaker at the Conference 'Parent in the 21st century', Doukas school, 'Facing the Crisis: The Role of Psychological Resilience'.
- **February 2012** A. Stalikas, 'Overcoming Crisis: The Power of Positive Emotions', Annual General Meeting of members of the association 'Greek Commission ECR'.
- **June 2008** Keynote Speaker at the Presentation of M. Cooper's Book 'The Existentialism in Psychotherapy', Greek Group Existential Psychotherapy.

- **April 2008** 'Positive Emotions, Psychological Resilience and Learning', Keynote speaker at the 3rd Cyprus Educational Conference, 'Developing Emotional Intelligence through Collaborative Learning'.
- **April 2008** Keynote Speaker at the conference of the Centre for Education and Rehabilitation of the Blind and the Special Elementary School of Kallithea for the Blind, 'The Role of Counselling Psychology in family and school'.
- **March 2008** Keynote speaker at the Colloquium of the University of Thessaly and the Division of Counselling Psychology ELPSE, 'Narrative Approach in Counselling Psychology and Psychotherapy'.
- **November 2007** Clinical Psychology in Greece: Theory, Research and Practice. Keynote speaker at the 2nd Congress of Clinical Psychology, Thessaloniki.
- **November 2007** Keynote speaker at the meeting of the Peer Advisory Centre of Department of Education and Early Childhood at the University of Athens, 'Counselling Psychology in children'.
- **November 2006** President of the Organizing Committee of the 2nd National Pan-Hellenic Conference of Counselling Psychology: 'Counselling Psychology in Men: Theory, Research, intervention', Division of Counselling Psychology of Greek Psychological Association (ELPSE.), Harokopion University, Athens.
- **October 2006** Keynote speaker at the IXth FEDORA Congress, the Forum Europeen de l'Orientalisme Academique (FEDORA), 'Professional Challenges: Guidance and Counselling with the European Higher Education Area', Lithuania.
- **May 2006** Invited discussion moderator at the Conference of Clinical and Health Psychology of the Greek Psychological Association -ELPSE- of the National Union of Hospital Psychologists - P.E.NO.Psy- in collaboration with the Graduate Program in Clinical Psychology-University of Athens- and the Mental Health sector of the General Anticancer Hospital of Piraeus 'Metaxas', 'Hospital and University Cooperation in Graduate Programs in Clinical and Health Psychology'.
- **March 2006** President of the Organizing Committee of the XI Annual Conference of the European Association for Counselling: 'Counselling in Europe: Theory, Research, Practice and Training', Panteion University of Social and Political Studies, Athens.
- **May 2005** Keynote speaker at the session 'Psychotherapy: Theory and Applications', International Conference 'Psychology and Society', Department of Psychology, Panteion University of Social and Political Studies, Athens.
- **April 2005** Keynote speaker at the Peer Conference Centre of Department of Education and Early Childhood at the University of Athens and the Division of Counselling Psychology of Greek Psychological Society, ELPSE., 'Applications of Counselling Psychology in the Student Population'.
- **March 2005** Keynote speaker at the 1st Conference of Counselling Psychology, Counselling Psychology Division of the Hellenic Psychological Association, ELPSE and Social Administration Department, Democritus University of Thrace, 'Multicultural Counselling Psychology: Theory and Applications in the Community ', Komotini, Thrace.
- **October 2004** President in the Thematic Session 'Anxiety, Stress and Response Strategies' and keynote speaker at the round table in the 1st National

Congress of Psychology of Health, 'Modern Psychological Research and Applications in the field of Health, Disease, and Healthcare, Panteion University of Social and Political Studies, Athens.

- **March 2004** 'Positive Emotions, Cognitive Psychotherapeutic Processes and Change', Keynote speaker at the Conference 'Emotion and Cognition: Modern Data and Prospects', Harokopion Univerisy.
- **March 2003** 'Positive Emotions, emotional life, and Psychotherapeutic Change, Keynote speaker at the 4th Congress of Clinical Sociology and Clinical Social Psychology, Spetses.
- **January 2002** Present Member of the selection committee of the Governmental Scholarship Foundation (IKY).
- **March 2002** 'The first meeting and its importance', Keynote speaker at the Conference 'The contribution of Clinical Psychology in Psychosocial Development of Children and Adolescents', Organization: Division of Clinical Psychology of the Hellenic Psychological Association (ELPSE).
- **January 2002-July 2006** Member of the Organizing Committee and Workshops Coordinator of the 26th Congress of the International Association of Applied Psychology (IAAP).
- **2001- 2006** Associate Editor of 'Psychology' journal of the Greek Psychological Society (EL.PS. E.).
- **May 2001** Psychology in Performing Arts, keynote speaker at the First Conference of the Greek Society of Medicine and Science for Dance and Performing Arts, 'Performing arts with the support of science at the dawn of the 21st century'.
- **March 2001** Keynote discussion moderator at the Conference of Life Centre, 'Women, children, HIV positivity', Athens.
- **May 2000** 'Psychological Assessment as an Integral Part of Therapeutic Procedure', Keynote speaker at the conference 'Developmental Psychopathology: Assessment in Clinical Practice and Research', Society for Mental Health of Children and Adolescents.
- **June 1999-Present** Member of the Editorial Board of the journal 'Psychotherapy Integration' (Ed.: J. Gold).
- **June 1999 –Present** Member of the Editorial Board of the journal 'Canadian Journal of Counselling'
- **June 1999– Present** Member of the Hellenic Psychological Association(EL.PS. E.).
- **June 1999-2002** Elected Co-coordinator of the Division of Clinical Psychology, Hellenic Psychological Association (EL.PS. E.).
- **June 199 - Present** Ad hoc reviewer of the journal 'Psychology' of the Hellenic Psychological Association (EL.PS. E.).
- **August 1996** Keynote responsible for the Convergence of Symposium Participants, 26th International Congress of Psychology, Montréal, ' The measurement of emotions in counselling psychology and psychotherapy'.
- **August 2015** Responsible for the convergence of Symposium participants, 4th European Congress of Psychology, Athens, 'Emotions in psychotherapy: Latest developments in theory, research and practice'. June 1995 Keynote Responsible for the Convergence of participants at EPA (Eastern Psychological Association) Annual 1996 Conference, Philadelphia, USA, 'Emotions and their role in application'.

- **May 1995-May 1998** Participation in F.C.A.R. (Fund for Researcher Training and Research Funding) Committee, which is responsible for evaluating postgraduate student applications.
- **May 1993-Present** Ad hoc reviewer of articles and books for scientific journals: Psychotherapy: Theory, Research, Practice and Training, Canadian Journal of Counselling, McGill Journal of Education, Journal of Counselling Psychology.

RESEARCH GRANTS

- **2018 (under review) Developing a prototype model to predict the psychological resilience of Greek nurse staffing within the Positive Psychology framework**
Co-Is: Kordoutis, P., Drapeau, M., Leontopoulou, S., Yotsidi, V., Lakioti, A., Pezirkianidis, C., & Kyriazos, T.
- **2018-2020 JUSTICE Program, Hellenic Association of Positive Psychology, Athens, SAFER - Systematic Approaches for Equality of Gender.** Co-Investigators and Collaborators: Karakasidou, E. (Co-I), Lakioti, A. (Co-I), & Mertika, A. (Co-I), & Drapeau, M. (Collaborator). Awarded: 640.215,58 €
- **2017-2019 Erasmus+ Program, Hellenic Association of Positive Psychology, Athens, SUCCESS EU - Strategies to Utilise and Cultivate positive Characteristics & Employability Skills in Schools.** Co-Investigators and Collaborators: Pezirkianidis, C. (Co-I), & Galanakis, M. (Co-I), & Drapeau, M. (Collaborator). Awarded: 242.377,00 €
- **2016-2018 European Committee, Research Program Erasmus+ Happiness, Optimism, Positivity & Ethos in Schools (HOPEs)**
Principal Investigator: Stalikas, A. , Awarded: 32,125.00 €
- **2016-2018 ONASSIS Foundation, Ph.D. Scholarship Funding Construction of a Theoretical Model for Adults' Friendly Relationships in the light of Positive Psychology.** Principal Investigator: Stalikas, A. Awarded: 10,200.00 €
- **2016-2017 European Committee, Research Program Erasmus+ Empowering and Activating the young Generation through the Learning of Employability Skills (EAGLES),** Principal Investigator: Stalikas, A., Awarded: 23,535.00 €
- **2010-2015 Ministry of Education, Aristeia Program** The role of Positive Emotions in the development of Psychological Resilience, Principal Investigator: Stalikas, A., Co-Investigators: Kalantzi-Azizi, M. (University of Athens), Malikiosi, M. (University of Athens), Fitzpatrick, M. (McGill University), Recommended but not funded: \$300,000.00
- **2009-2014 Ministry of Education, Thalys Program** Positive emotions, psychological health: An epidemiological study, Principal Investigator: Stalikas A., Co-Investigators: Kalantzi-Azizi. A. (University of Athens),

Malikiosi, M. (University of Athens), Fitzpatrick, M. (McGill University) K. Synodinou, I. Katerelos (Panteion University), Recommended but not funded: \$250,000.00

- **2006-2009 Ministry of Development**, General Secretary of Technology and Research, The Construction of psychometric tools for the estimation of Organizational Culture, Leadership and Motives in Organizations, (Thematic Sector: Social, Cultural and Economic Development, Vocation 193, Norm 8.3, Action 8.3.1), Principal Investigator: Stalikas, A., Awarded: 50,000.00 €
- **2004-2007 Ministry of Education and Religious Affairs**, Managing Authority, Act 'Herakleitos', Distortions in relation to Food Disorders: Confusion of mental and physical self, Principal Investigator: Stalikas, A. Awarded: 33,840.00 €
- **2001-2004 Social Sciences and Humanities Research Council (SSHRC)**, Alliance formation: The impact of participants' behaviours and involvement. Principal Investigator: Fitzpatrick, M., Co-investigator: Stalikas, A. Awarded: \$75,334.00
- **1995 McGill University, Department of Postgraduate Studies & Research, Funds Subcommittee** (\$900) for participation in conferences. Participation in the International Symposium of Psychology, Athens, Greece.
- **1993 McGill University, Department of Postgraduate Studies & Research, Funds Subcommittee** (\$900) for participation in conferences. Participation in the International Conference of Applied Psychology, Madrid, Spain.
- **1992-1995 Fonds Pour la Formation de Chercheurs et l'aide à la recherche (F.C.A.R.)** - Programme of "Nouveaux Chercheurs, Relationships between the occurrence of client-change events and strength of feeling in counselling sessions. Principal Investigator: Stalikas, A., Awarded:\$42,600.00
- **1992-1994 Canadian Ministry of Interior**, Implementation of confluent teaching in learning the ancestral languages., Principal Investigators: Stalikas, A. & Dr. Lanari, Awarded: \$15,000.00
- **1992 McGill University**, Department of Postgraduate Studies & Research, Funds Subcommittee for Electronic Equipment. Funding for Scientific Equipment supply (\$1,500.00).
- **1992 McGill University**, Department of Postgraduate Studies & Research, Research Funding for Pilot Program. Identification of in-session therapeutical events. Awarded: \$5,600.00
- **1991 McGill University**, Department of Postgraduate Studies & Research, Funds Subcommittee for Electronic Equipment. Funding for Scientific Equipment supply (\$3,360.00).
- **1991 McGill University**, Department of Postgraduate Studies & Research, Funds Subcommittee (\$900) for participation in conferences. Participation in the International round table Conference for Counselling Development, Budapest, Hungary.

PUBLICATIONS

Mitskidou, P., Mertika, A., Pezirkianidis, C., & Stalikas, A. (under review). Construction of the Positive Relationships Questionnaire: A pilot study. *Journal of Happiness Studies*.

Pezirkianidis, C., Stalikas, A., & Moraitou, D. (under review). Positive friendship's effects on adults' psychological wellbeing using a PERMA framework: The mediating role of savoring strategies and character strengths. *Psychology*

Pezirkianidis, C., & Stalikas, A. (2020). Latest developments in Positive Psychology: The case of Greece. *Ψυχολογία, Ειδικό Αφιέρωμα στη Θετική Ψυχολογία*, 25(1), 1-9.

Petratou, E., Paradisi, N., Diamantis, O., & Stalikas, A. (2020). Psychological implications of nostalgic scents of childhood. *Psychology*, 11 (12), 2066-2080.

Giapraki, M., Moraitou, D., Pezirkianidis, C., Stalikas, A. (in press). Humor in aging: Is it able to enhance wellbeing in community dwelling adults? *Ψυχολογία, Ειδικό Αφιέρωμα στη Θετική Ψυχολογία*.

Karampas, K., Pezirkianidis, C., Stalikas, A. (2020). Psychometric Properties of the Stress Mindset Measure (SMM) in a Greek Sample, *Psychology*, 11, 1185- 1199.

Kotsoni, A., Mertika, A., Stalikas, A. (2020). Be Your Best You: An evaluation of a Positive Psychology Intervention Programme in Greece. *Psychology*, 11(7), 1021-1036.

Katsiana, A., Strimpakos, N., Ventoulis, I., Kapreli, E., Sofologi, M., Bonti, E., Kotrotsiou, S., Stalikas, A. (2020). Health-related Quality of Life in Children with Down Syndrome, *Mater Sociomed*, 32(2), 93-98.

Athanasakou, D., Karakasidou, E., Pezirkianidis, C., Lakioti, A., & Stalikas, A. (2020). Self-Compassion in clinical samples: A systematic review. *Psychology*, 11(2), 217-244.

Lakioti, A., Pezirkianidis, C., & Stalikas, A. (2020). The role of personal, professional, and psychological factors in therapists' resilience. *Professional Psychology Research and Practice*.

Kotsoni, A., Kanellakis, K., & Stalikas, A. (2020). Be Your Best You: A Pilot Study of a Positive Psychology Programme for People with Depression, Anxiety or Stress in Greece. *Psychology*, 11(01), 13

Lakioti, A., Stalikas, A., & Pezirkianidis, C. (2020). The role of personal, professional, and psychological factors in therapists' resilience. *Professional Psychology: Research and Practice*. Advanced Online Publication.

Prassa, K., & Stalikas, A. (2020). Towards a Better Understanding of Negotiation: Basic Principles, Historical Perspective and the Role of Emotions, *Psychology*, 11(1), 105-136.

Petratou, E., Perzikianidis, C. & Stalikas, A. (2019). The Greek Version of the Southampton Nostalgia Scale: Psychometric Properties in Young Adults and Associations with Life Satisfaction, Positive and Negative Emotions, Time

Perspective and Wellbeing. *Journal of Psychological and Behavioral Sciences*, 13 (8).
ICPS 2019: International Conference on Psychological Sciences.

Feretinos, P., Yotsidi, V., Porichi, E., Douzenis, A., Papageorgiou, C., Stalikas, A. (2019), Well-being in Patients with Affective Disorders Compared to Nonclinical Participants: A Multi-Model Evaluation of the Mental Health Continuum-Short Form, *Journal of Clinical Psychology*.

Heintz, S., Ruch, W., Aykan, S., Brdar, I., Brzozowska, D., Carretero-Dios, H., Chen, H. C., Chłopicki, W., Choi, I., Dionigi, A., Ďurka, R., Ford, T. E., Güsewell, A., Isler, R. B., Ivanova, A., Laineste, L., Lajčáková, P., Lau, C., Lee, M., ... Wong, P. S. O. (2019) (Accepted/In press). Benevolent and Corrective Humor, Life Satisfaction, and Broad Humor Dimensions: Extending the Nomological Network of the BenCor Across 25 Countries. *Journal of Happiness Studies*.

Pezirkianidis, C., Stalikas, A., Lakioti, A., & Yotsidi, V. (2019). Validating a multidimensional measure of wellbeing in Greece: Translation, factor structure, and measurement invariance of the PERMA Profiler. *Current Psychology*, 1-18.

Zichnali, O., Moraitou, D., Pezirkianidis, C., & Stalikas, A. (2019). Examining the effectiveness of two types of forgiveness intervention to enhance wellbeing in adults from young to older adulthood. *OBM Geriatrics, Special Issue: Got aging? Examining later-life development from a positive aging perspective*, 3, 1-29.

Christopoulou, M., Lakioti, A., Pezirkianidis, C., Karakasidou, E., & Stalikas, A. (2018). The role of grit in education: A systematic review. *Psychology*, 9, 2951-2971.
Kyriazos, T. & Stalikas A. (2018). Applied Psychometrics: The Steps of Scale Development and Standardization Process. *Psychology*, 9(11), 2531-2560.

Kyriazos, T. & Stalikas A. (2018). Positive Parenting or Positive Psychology Parenting? Towards a Conceptual Framework of Positive Psychology Parenting. *Psychology*, 9(7), 1761-1788.

Kyriazos, T. A., Stalikas, A., Prassa, K., & Yotsidi, V. (2018b). A 3-Faced Construct Validation and a Bifactor Subjective Well-Being Model Using the Scale of Positive and Negative Experience, Greek Version. *Psychology*, 9, 1143-1175.

Kyriazos, T. A., Stalikas, A., Prassa, K., Galanakis, M., Yotsidi, V., & Lakioti, A. (2018). Psychometric Evidence of the Brief Resilience Scale (BRS) and Modeling Distinctiveness of Resilience from Depression and Stress. *Psychology*, 9(7), 1828-1857.

Kyriazos, T. A., Stalikas, A., Prassa, K., Yotsidi, (2018). A 3-Faced Construct Validation and a Bifactor Subjective Well-Being Model Using the Scale of Positive and Negative Experience, Greek Version. *Psychology*, 9(5), 1143-1175.

Kyriazos, T. A., Stalikas, A., Prassa, K., Yotsidi, (2018). Can the Depression Anxiety Stress Scales Short Be Shorter? Factor Structure and Measurement Invariance of DASS-21 and DASS-9 in a Greek, Non-Clinical Sample. *Psychology*, 9(5), 1095-1127.

Kyriazos, T. A., Stalikas, A., Prassa, K., Yotsidi, V., Galanakis, M., Flora K. & Chatzilia, V. (2018). The Flow Short Scale (FSS) Dimensionality and What MIMIC Shows on Heterogeneity and Invariance. *Psychology*, 9(6), 1357-1382.

Kyriazos, T. A., Stalikas, A., Prassa, K., Yotsidi, V., Galanakis, M., & Pezirkianidis, C. (2018). Validation of the Flourishing Scale (FS), Greek version and evaluation of two well-being models. *Psychology*, 9(7), 1789-1813.

Lakioti, A., & Stalikas, A. (2018). Resilient reintegration as a result of psychotherapy: a grounded theory analysis of clients' experiences. *Counselling Psychology Quarterly*.

Pezirkianidis, C., Karakasidou, E., Lakioti, A., Stalikas, A., & Galanakis, M. (2018). Psychometric properties of the Depression, Anxiety, Stress Scales-21 (DASS-21) in a Greek Sample. *Psychology*, 9, 2933-2950.

Pezirkianidis, C., Stalikas, A., Lakioti, A., & Yotsidi, V. (2018). Validating a multidimensional measure of wellbeing in Greece: Translation, factor structure, and measurement invariance of the PERMA Profiler. *Current Psychology*.

Stalikas, A., Kyriazos, T. A., Prassa, K., & Yotsidi, V. (2018). A three-faced construct validation and a bifactor subjective well-being model using the Scale of Positive and Negative Experience (SPANE), Greek Version, *Psychology*.

Stalikas, A., Kyriazos, T. A., Yotsidi, V., & Prassa, K. (2018). Using Bifactor EFA, Bifactor CFA and Exploratory Structural Equation Modeling to Validate Factor Structure of the Meaning in Life Questionnaire, Greek Version. *Psychology*, 9, 348-371.

Stamatelopoulou, F., Pezirkianidis, C., Karakasidou, E., Lakioti, A., & Stalikas, A. (2018). "Being in the Zone": A systematic review on the relationship of psychological correlates and the occurrence of flow experiences in sports' performance. *Psychology*, 9(8), 2011-2030.

Symeonidou, D., Moraitou, D., Pezirkianidis, C., & Stalikas, A. (2018). Promoting subjective wellbeing through a kindness intervention. *Hellenic Journal of Psychology*.

Yotsidi, V., Kourmoussi, N., Dermizaki, E., Pezirkianidis, C., & Kounenou, K. (2018). "Add Flow to the Fire": Flow and hope as a shield against burnout of fire service workers. *Psychology*, 9(6), 1291.

Yotsidi, V., Pagoulatou, A., Kyriazos, T. & Stalikas, A. (2018). "The Role of Hope in Academic and Work Environments: An Integrative Literature Review", *Psychology*, 9, 385-402.

Yotsidi, V., Pezirkianidis, C., Karakasidou, E., & Stalikas, A. (2018). The Client Attachment to Therapist Scale (CATS) in a Greek clinical population: A validation study. *Open Journal of Medical Psychology*, 7(4), 59-81.

Yotsidi, V., Stalikas, A., Pezirkianidis, C., & Pouloudi, M. (2018). The relationships between client resistance and attachment to therapist in psychotherapy. *Journal of Contemporary Psychotherapy*, 1-11.

Boufali-Bavella C., Galanakis M., & Stalikas A. (2017). Eudaimonic well-being and physical health. A systematic review. *International Journal of humanities and Social Studies (IJHSS)*, 5(3), 222-235

Galanakis M., Lakioti A., Perzikianidis C., Karakasidou E., & Stalikas A. (2017). Validity and Reliability of the Satisfaction with Life Scale (SWLS) in a Greek Sample. *International Journal of Humanities and Social Studies (IJHSS)*, in press.

Galanakis, M., Lakioti, A., Pezirkianidis, C., Karakasidou, E., & Stalikas, A. (2017). Reliability and Validity of the Satisfaction with Life Scale (SWLS) in a Greek Sample. *International Journal of Humanities and Social Studies*, 5(2), 120-127.

Karakasidou, E., & Stalikas, A. (2017). Empowering the Battered Women: The Effectiveness of a Self-Compassion Program. *Psychology*, 8(13), 2200-2214.

Karakasidou, E., & Stalikas, A. (2017). The Effectiveness of a Pilot Self-Compassion Program on Well Being Components. *Psychology*, 8(4), 538-549.

Karakasidou, E., Pezirkianidis, C., Galanakis, M. & Stalikas, A. (2017). Validity, Reliability and Factorial Structure of the Self Compassion Scale in the Greek Population. *Journal of Psychology and Psychotherapy*, 7(4), 313-319. doi: 10.4172/2161-0487.1000313.

Galanakis, M., Stalikas, A., Pezirkianidis, C., & Karakasidou, I. (2016). Reliability and validity of the modified Differential Emotions Scale (mDES) in a Greek sample. *Psychology*, 7, 101-113.

Karakasidou, E., Pezirkianidis, C., Stalikas, A. and Galanakis, M. (2016) Standardization of the Subjective Happiness Scale (SHS) in a Greek Sample. *Psychology*, 7, 1753-1765.

Karampas, K., Galanakis, M. and Stalikas, A. (2016) Positive Emotions, Resilience and Psychosomatic Health: Focus on Hellenic Army NCO Cadets. *Psychology*, 7, 1727-1740.

Kyriazos, T. A., Stalikas, A., Prassa, K., & Yotsidi, V. (2016). Can Depression Anxiety Stress Scales Short Be Shorter? Factor Structure and Measurement Invariance of DASS-21 and DASS-9 in a Greek, Non-Clinical Sample, *Psychology*.

Pezirkianidis, C., Galanakis, M., Karakasidou, I. and Stalikas, A. (2016) Validation of the Meaning in Life Questionnaire (MLQ) in a Greek Sample. *Psychology*, 7, 1518-1530.

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Kotsoni, K., Stalikas, A., & Drapeau, M. (2018, November). *Be your best you: Designing a positive psychology intervention*. 7th Conference of Counselling Psychology, Volos, Greece.

Pezirkianidis, C., Stalikas, A., & Drapeau, M. (2018, November). *Positive friendships and psychological flourishing: Mechanisms of adult friendship's effects on wellbeing*. 7th Conference of Counselling Psychology, Volos, Greece.

Stalikas, A. (2018). *The Power of Positive Emotions*. 18th Cyprus Operating Room Nurses Association Conference, Larnaca, Cyprus.

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Lakioti, A., & Stalikas, A. (2015). Positive emotions and psychological resilience. 15th Pan-Hellenic Conference of Psychological Research, "The Psychology in Greece and the Mediterranean." 27-31 May 2015, Nicosia, Cyprus.

Lakioti, A. & Stalikas, A. (2015). The role of the psychotherapist in enhancing client's psychological resilience: a qualitative study. 15th Pan-Hellenic Conference of Psychological Research, "The Psychology in Greece and the Mediterranean." 27-31 May 2015, Nicosia, Cyprus.

Lakioti, A., & Stalikas, A. (2014). An empirically grounded theory of psychotherapy contribution to strengthening mental resilience. 5th National Conference on Counselling Psychology "Counselling Psychology: Current trends, future orientations". 6-9 November 2014, Patra.

Tsirikos, A., & Stalikas, A. (2014). Psycho-cardiology and qualitative analysis of psychotherapeutic approach in patients suffering from heart diseases. 5th National Conference on Counseling Psychology, Patra.

Tzavela, E. K., Mytskidou, P., Mertika, A., Stalikas, A. & Kasvikis, I. (2014). Involved in the Behavioral Therapy of Anxiety Disorders: Qualitative research of

initial therapeutic process. 4th National Conference of Cognitive Psychotherapy. Oral Announcement.

Giotsidi, V., Sergianni, C., Mertika, A., Boutri, A., Mytskidou, P. & Stalikas, A. (2014). Risks and protective factors for mental health during the economic crisis: the contribution of positive psychology in counselling. 5th National Conference of Counselling Psychology. Oral Announcement.

Skourletis, C., Pezirkianidis, C., & Stalikas, A. (2014). Investigation of the relationship between psychological resilience, positive emotions and curiosity during economic crisis. Oral announcement at the 5th National Conference of Counselling Psychology ELPSE. Patra, November 6-9.

Vrettou, I., Pezirkianidis, C., & Stalikas, A. (2014). The impact of the economic crisis on subjective happiness, meaningfulness existence and source of inspiration. Oral announcement at the 5th National Conference of Counselling Psychology ELPSE. Patra, November 6-9.

Pezirkianidis, C., & Stalikas, A. (2014). Achieving well-being through social relationships: The key role of friendship. Oral announcement at the 5th National Conference of Counselling Psychology ELPSE. Patra, 6-9 November.

Deiktakis, M., Pezirkianidis, C., & Stalikas, A. (2014). The impact of the economic crisis on levels of meaningfulness, life satisfaction and psychopathology symptoms. Oral announcement at the 5th National Conference of Counselling Psychology ELPSE. Patra, 6-9 November.

Efstathiou, E., Pezirkianidis, C., & Stalikas, A. (2014). The impact of economic crisis on the levels of depression, anxiety, stress, positive emotions and hope of adults. Oral announcement at the 5th National Conference of Counselling Psychology ELPSE. Patra, 6-9 November.

Manolakou, E., Pezirkianidis, C., & Stalikas, A. (2014). Investigation of the relationship between psychological resilience, optimism and subjective happiness during economic crisis. Posted at the 5th National Conference of Counselling Psychology ELPSE. Patra, 6-9 November.

Flora, K., & Stalikas, A. (2014). Understanding the recovery of psychoactive substances: a narrative approach on motivation and ambivalence about changing. 5th National Conference of Counselling Psychology, 6-9 November 2014, Patra.

Galanakis, M., & Stalikas, A. The effect of emotional intelligence in finding meaning in life and psychological well-being. 5th National Conference of Counselling Psychology. Counselling Psychology: Current Trends, Future Destinations. Patra, 6-9 November 2014.

Stalikas, A. (January - February 2013). Diploma in Positive Psychology in collaboration with the Hellenic Association of Positive Psychology.

Stalikas, A. (January 2013). "Tools for a better life" Congress of Greek Association of Adlerian Psychology.

Galanakis M., & Stalikas, A. Myths and reality of positive emotions in the employment context. 14th Pan-Hellenic Conference of Psychological Research, Psychology in difficult times, 15 to 19 May 2013, Alexandroupolis, Democritus University of Thrace, ELPSE.

Moraitou M., Galanakis M., & Stalikas, A. Childbirth: Development process of positive emotions, which protect from postpartum depressive symptoms. 14th Pan-Hellenic Conference of Psychological Research, Psychology in difficult times, 15 to 19 May 2013, Alexandroupolis, Democritus University of Thrace, ELPSE.

Karakasidou E., Galanakis, M., Stavrou, N., Stalikas, A., Psychoundaki, M. The relationship of positive and negative emotions to winning performance. 14th Pan-Hellenic Conference of Psychological Research, Psychology in difficult times, 15 to 19 May 2013, Alexandroupolis, Democritus University of Thrace, ELPSE.

Boutri, A., Zymnis, K., Mertika, A., Mytskidou, P., Seryianni, C., & Stalikas, A. (2013). Positive relationships: Theory & practice. 14th Panhellenic Conference on Psychological Research - Alexandroupolis, Greece.

Stalikas, A., Fitzpatrick, M., Mertika, A., & Seryianni, C. (2012). Conceptual and methodological challenges in the study of positive emotions in psychotherapy. 3rd Joint Meeting of the European and the UK Chapters of the Society for Psychotherapy Research" – Porto, Portugal.

Galanakis M., Stalikas A., & Barkas, C. The advisory perspective in Organizational Psychology. 4th National Conference of PSEVE (Psychological Association of Northern Greece). Psychology and Life Quality. Aristotle University of Thessaloniki, 1-5 December 2012.

Stalikas, A. (December 2012). "The contribution of Positive Psychology in Vocational Guidance", International Scientific Conference, co-organized by ELESYP-EOPPEP.

Stalikas, A. (November 2012). "Positive Psychology in Relationships" 2nd Cycle of Experiential Seminars, Hellenic Association of Positive Psychology.

Stalikas, A. (November 2012). "Positive Psychology and the Theory of adhesion and Psychotherapeutic Process' Round Table, the European Congress of Drama & Play therapy.

Stalikas, A. (November 2012) "Positive Psychology and Education" Lecture Scientific Committee of SEP ASPAITE.

Stalikas, A. (November 2012). "Positive Communication - Positive Communications Workshop», EIR Development Partners Ltd.

Stalikas, A., & Zymni-Georgalou, A. (November 2012). "Investigating the presence of positive emotions in customer narration after having completed a successful therapeutical process," 4th National Conference of Counselling Psychology 1-November 4, 2012.

Lakioti, A., & Stalikas, A. (November 2012). "Psychotherapy as a developing and strengthening process of mental resilience" 4th National Conference of Counselling Psychology 1-November 4, 2012.

Tsirikos, A., & Stalikas, A. (November 2012). "Psychocardiology and heart disease rehabilitation programs," 4th National Conference of Counselling Psychology 1-November 4, 2012.

Stalikas, A. (October 2012). "The resistance to humanitarian psychotherapy" Workshop "The resistance of the client in psychotherapy: theory, practice, research 'Sector of Clinical Psychology and Psychology of Health ELPSE.

Stalikas, A., Galanakis, M., Lakioti, A., & Surlantzi A. (October 2012). 3rd Joint Meeting of the European and the United Kingdom Chapters of the Society for Psychotherapy Research, Porto, Portugal.

Stalikas, A., Sergianni, C., Karakasidou, E., Lakioti, A. (June 2012). Positive emotions and psychological well-being. Paper presented at the 6th European Conference on Positive Psychology, Moscow, Russia.

Stalikas, A. (May-June 2012). "I become better, I live better" Cycle of Experiential Seminars, Hellenic Association of Positive Psychology.

Stalikas, A. (May 2012). "Facing the crisis: The power of positive emotions," Cultural Educational Movement Congress (POKEPE) on "Mental health of children and the role of teachers."

Stalikas, A. (May 2012). "Overcoming anxiety and stress: The power of positive emotions" Presentation at CYTA in Cyprus.

Stalikas, A. (April & May 2012). "The beneficial effects of positive emotions in our lives," Speaker in Positive Thinking - Tomorrow Alliance, Open educational program that focuses on enhancing Positive Thinking and Positive Emotions, body: Secret Key.

Giannoulis A., Galanakis M., Anastasiadi M., & Stalikas, A. The relation of anxiety, depression and stress, with demographic characteristics, subjective happiness and life satisfaction. 3rd SPR Joint Meeting, European and UK Chapters, Porto, Portugal, October 10-13, 2012.

Zymnis K., Stalikas A., Galanakis M., Karakasidou I., & Harisiadis A. Examining the presence of positive emotions in the narratives of clients following successful termination of psychotherapy. 3rd SPR Joint Meeting, European and UK Chapters, Porto, Portugal, October 10-13, 2012.

Flora, K., Stalikas, A., Mitskidou, P., & Boutris, A. (2012). Positive emotions and addiction. 3rd Joint Meeting of the European and United Kingdom Chapters of the Society for Psychotherapy Research. Oral Announcement.

Lakioti, A., & Stalikas, A. (2012). Psychotherapy as a process of developing and strengthening mental resilience. 4th National Conference of Counselling Psychology, "The role of counselling psychology in crisis conditions". 1-4 November 2012, Thessaloniki.

Lakioti, A., & Stalikas, A. (2011). The resilience in the Greek population. 1st Conference of Positive Psychology, Hellenic Association of Positive Psychology. 21-22 October 2011, Athens.

Galanakis M., A & Stalikas. Preventing mental illness: The subjective sense of happiness and life satisfaction as factors that lead to experiencing positive emotions. Conference of Positive Psychology. Positive Psychology: Power during Crisis. Harokopion University, Kallithea, Athens, 21 & 22 October 2011.

Moraitou M., Galanakis M., Stalikas, A. "Childbirth generates positive emotions", Conference of Positive Psychology. Positive Psychology: Power during Crisis. Harokopion University, Kallithea, Athens, 21 & 22 October 2011.

Galanakis M., & Stalikas, A. The Role of Positive Emotions in treating Workplace Stress - New Findings. Conference of Positive Psychology. Positive Psychology: Power during Crisis. Harokopion University, Kallithea, Athens, 21 & 22 October 2011.

Lakioti, A., & Stalikas, A. "The mental resilience in the Greek population." 1st Conference of Positive Psychology, Hellenic Association of Positive Psychology, 21-22 October 2011.

Flora, K., & Stalikas, A. (2011). Positive feelings in detox. 13th Pan-Hellenic Conference of Psychological Research. Athens: 25-29 May, 2011.

Galanakis, M., Barkas, C., & Stalikas, A. Positive emotions and mnemonic processes. 13th Pan-Hellenic Conference of Psychological Research of the Greek Psychological Society (ELPSE). "From individual differences to diversity". University of Athens, School of Philosophy, University Campus, Ilisia, 25-29 May 2011.

Moraitou, M., Galanakis, M., & Stalikas, A. Positive feelings in motherhood. 13th Pan-Hellenic Conference of Psychological Research of the Greek Psychological Society (ELPSE). "From individual differences in diversity". University of Athens, School of Philosophy, University Campus, Ilisia, 25-29 May 2011.

Tsirikos, A., & Stalikas, A. Psychocardiology Programs and Rehabilitation, 4th Hellenic Conference of Clinical Psychology ELPSE, 2010 Harokopio.

Galanakis, M., & Stalikas, A. The study of positive emotions: Variables and impact indicators. 4th National Congress of Clinical Psychology and Psychology of Health

ELPSE. "Community clinical psychology / Psychology of health and public health," 4 - 7 November 2010, National School of Public Health, Athens.

Galanakis, M., & Stalikas, A. The broaden-and-build theory of positive emotions - New research directions and implementations in Counseling Psychology, 3rd National Conference of Counseling Psychology "Counseling Psychology: Applications - Challenges", Rethymno, 6-9 May 2010, University Campus, ELPSE.

Galanakis, M., & Stalikas, A. The role of experiencing positive emotions in dealing with workplace stress. 1st Meeting of the Organizational Psychology ELPSE industry. "Current research approaches in Work and Organizational Psychology. 19 February 2010. New Athens University Auditorium.

Mytskidou, P., & Stalikas, A. (2009). The relationship between therapeutic alliance, cooperation in goals between sessions and therapeutic outcome in Behaviour Therapy. 12th Pan-Hellenic Conference of Psychological Research. Oral Announcement.

Dimitriadou, E., Avgoustaki, K., Lakioti, A., Mitskidou, P., & Stalikas, A. (2009). How to organise a research team: Organisational issues and considerations. 40th Annual Meeting of the Society for Psychotherapy Research. Oral Announcement.

Flora, K., Moraitou, M., Mitskidou, P., Boutri, A., & Stalikas, A. (2009). Establishing an on-going research team in a University setting: A case study. 40th Annual Meeting of the Society for Psychotherapy Research. Oral Announcement.

Tsirikos, A., & Stalikas, A. Psychocardiology and Rehabilitation, 12th Pan-Hellenic Conference of Psychological Research ELPSE, 2009, Volos.

Lakioti, A., & Stalikas, A. "The role of positive emotions in enhancing psychological resilience and psychotherapeutic change." 12th Pan-Hellenic Conference of Psychological Research, the contribution of psychological research in contemporary society, 14-17 May 2009, University of Thessaly, Volos.

Galanakis, M., & Stalikas, A. Work Incentives - Construction and weighting of an original incentive measuring scale on Greek employment context. 12th Pan-Hellenic Conference of Psychological Research. "The contribution of psychological research in contemporary society." 14-17 May 2009, University of Thessaly, Volos, Organization.

Stalikas, A. (June, 2008). Studying positive emotions: Ten years later. SPR 39th Annual Meeting Barcelona, Spain.

Labropoulos, G., & Stalikas, A. (November 2007). Modern Developments in the field of empirical evidence-based psychotherapy / counselling. What therapists should you know? Congress of Clinical Psychology, Thessaloniki.

Galanakis, M., & Stalikas, A. (April 2007) The emotional model of occupational stress. Empirical foundation of a new interpretation of occupational stress model. 11th Pan-Hellenic Conference of Psychological Research "Psychology gazing its future:

Redefining, Reclassification and Compositions." Campus Gallos, Rethymnon, Crete, Hellenic Psychological Association (ELPSE).

Giotsidi, V., & Stalikas, A. (2007) 'Understanding resistance to psychotherapy in the light of adherence theory ', at the 11th Pan-Hellenic Conference of Psychological Research "Psychology gazing its future: Redefining, Reclassification and Compositions" ELPSE, Rethimno.

Galanakis, M., Moraitou, M., & Stalikas, A. Results of pilot weighting scale of Maslach Burnout Inventory (MBI) for burnout of midwives. 11th Pan-Hellenic Conference of Psychological Research " Psychology gazing its future: Redefining, Reclassification and Compositions" ELPSE, Rethimno.

Dimitriadou, E., Stalikas, A., Louki, E., & Economou, M. (2007). Review of research methods used to study the presentation and visualization of mental illness and mental patient in the Media and examination of the contribution of Consensual Qualitative Research to this study in the 11th Pan-Hellenic Conference of Psychological Research "Psychology gazing its future: Redefining, Reclassification and Compositions" ELPSE, Rethimno.

Georgiadou, P., & Stalikas, A. (2007). Positive emotions in psychotherapy: Theoretical and clinical developments. Society for Psychotherapy Research (SPR), European Meeting, 22-24 March 2007, Funchal, Madeira.

Karagianni, K., Karela, C., Kallia, E., Stalikas, A. & Galanakis M. (April, 2007). Gender differences in experiencing work stress. The effect of marital status, age and educational level. 11th Pan-Hellenic Conference of Psychological Research " Psychology gazing its future: Redefining, Reclassification and Compositions." Campus Gallos, Rethymnon, Crete, Hellenic Psychological Association (ELPSE).

Moraitou, M., Galanakis, M. & Stalikas, A. (April 2007) Comparative Assessment of Edinburgh postpartum depression scale (EPDS) and Beck depression scale (BDI) in a sample of Greek new monthers. 11th Pan-Hellenic Conference of Psychological Research "Psychology gazing its future: Redefining, Reclassification and Compositions." Campus Gallos, Rethymnon, Crete, Hellenic Psychological Association (ELPSE).

Economou, M., Gramandani, C., Mertika, A., & Stalikas, A. (April 2007). Social distance from People with Schizophrenia and the factors affecting it. Institute of Mental Health and Panteion University of Social and Political Sciences, 11th Pan-Hellenic Conference of Psychological Research "Psychology gazing its future: Redefining, Reclassification and Compositions." Campus Gallos, Rethymnon, Crete, Hellenic Psychological Association (ELPSE).

Stalikas, A., & Georgiadou, P. (2007). Researching the role of positive emotions in facilitating psychotherapeutic change: Research findings, methodological challenges and future trends. Society for Psychotherapy Research (SPR), European Meeting, 22-24 March 2007, Funchal, Madeira.

Galanakis, M., & Stalikas, A. (July 2006). "Does feeling good about stress help us cope efficiently with it?" Paper Session presented at the 26th International Congress of Applied Psychology (ICAP), Organised by the International Association of Applied Psychology, Athens, Greece.

Gramandani, C., Louki, E., Leontiadou, A., Dimitriadou, E., & Stalikas, A. (July 2006). Depictions of Schizophrenia in the Greek news Press. Oral Presentation at 26th ICAP, Athens, Greece.

Dimitriadou, E., & Stalikas, A. (July 2006). The Broaden-and-Build theory of Positive emotions: A springboard for addressing 'meaning making' across cultures Oral Presentation at 26th ICAP, Athens, Greece.

Dimitriadou, E., Stalikas, A., Economou, M., Gramandani, C., Louki, E., & Litra, F. (October 2006). Studying the representations of schizophrenia in the Greek News Press using the Consensual Qualitative Research method. Oral Presentation at IX WORLD CONGRESS OF PSYCHOSOCIAL REHABILITATION, ATHENS.

Dimitriadou, E., Stalikas, A., & Economou, M. (October 2006). The contribution of Consensual Qualitative Research methodology, in studying the perpetuation of the stigma of mental illness in the Printed News Media. Workshop at IX WORLD CONGRESS OF PSYCHOSOCIAL REHABILITATION, ATHENS.

Economou, M., Kakavoulis, N., Seryianni, C., Stalikas, A., & Stefanis C. (October 2006). Greek Medical Students' Attitudes towards People with Schizophrenia. Oral Presentation at 2006 WPA International Congress, Istanbul, Turkey.

Louki, E., Gramandani, C., Dimitriadou, E., Stalikas, A., Economou, M., & Stefanis C. N. (October 2006). Greek News Press depictions and representations of schizophrenia and of persons with schizophrenia. Oral Presentation at 2006 WPA International Congress, Istanbul, Turkey.

Mertika, A., Moustarda, D., Mitsikidou, P., & Stalikas, A. (2006). A qualitative analysis of clients' accounts of the therapeutic alliance. Poster presented in the 26th International Congress of Applied psychology, Athens, Greece.

Moustaki, M., Pipini, M., & Stalikas, A. (30 March - 2 April 2006) Developing Emotional Intelligence Competencies: The way to the Emotional Intelligent Leader. Oral Presentation at the Symposium with topic: "Developing Skills in Organizational Contexts", at 11th Annual Conference of the European Association for Counselling, Athens, Greece.

Moustaki, M., Touriki, M., & Stalikas, A. (30 March - 2 April 2006). Organizational Resilience: Ways to measure and promote leadership and workforce resilience. Oral Presentation at the Symposium with topic: "Developing Skills in Organizational Contexts", at 11th Annual Conference of the European Association for Counselling, Athens, Greece.

Stalikas, A. (October 2006) Positive emotions and Learning: Implications for Higher Education. Oral Presentation at IXth FEDORA CONGRESS: "Guidance and Counselling within the European Higher Education Area" Vilnius, Lithuania.

Stalikas, A., & Dimitriadou, E. (July 2006) The Broaden-and-Build theory of Positive emotions: A springboard for addressing 'meaning making' across cultures. Oral Presentation at 26th ICAP, Athens, Greece.

Swiatkewicz. M., Galanakis M., & Stalikas A., (30 March - 2 April 2006) The importance of implicit and explicit self-esteem to psychological health and well being. Oral Presentation at XI Annual Conference of the European Association for Counselling (E.A.C.), Counselling in Europe-Theory, Research, Practice & Training, Athens, Greece.

Tsagarakis, M. & Stalikas, A. (2006, July). Individual differences in attributions and coping with negative partner behaviors: The role of adult attachment. Paper presented at the 2006 International Association for Relationship Research Conference, Rethymno.

Bousoulas, K., Stalikas, A., Tomaras, V., & Pomini V. (March 2005). The effects of systemic family therapy techniques on in-sessions changes in the context of brief systemic family therapy (preliminary research). Oral Presentation at World Psychiatric Association Regional & Intersectional Congress, Athens.

Galanakis M., Selioti K., LoProto K., & Stalikas, A. (December 2005). «GalaEmo Test – Creating a new original Greek psychometric tool for assessing emotional intelligence at work." 10th Panhellenic Conference of Psychological Research, "The psychology towards challenges today", University of Ioannina, Organized by ELPSE.

Georgiadou, P., Boutri, A., & Stalikas, A. (2005). The study of emotions in psychotherapy. 10th Panhellenic Conference of Psychological Research, "The psychology towards challenges today", University of Ioannina, Organized by ELPSE.

Galanakis, M., Stalikas, A., Selioti, K., & Lo-Proto, K., (June 2005). Emotional Intelligence. Presentation of a new prototype Greek psychometric tool for the measurement of E.I. in the working environment. Oral Presentation at the 1st International Conference Emotion and Interpersonal Skills at Work, Thessaloniki, Greece.

Giotsidi, B., & Stalikas, A. (December 2005). The resistance to psychotherapeutic process and the emotions of the customer. Oral presentation at the 10th Panhellenic Conference of Psychological Research "Psychology towards challenges today," ELPSE & University of Ioannina, Ioannina.

Dimitriadou, E., & Stalikas, A. (December 2005). Investigation of joint contributions of contemporary research and theoretical fields of Positive Emotions and Psychological Resilience in addressing the psycho-spiritual effects of the status of the modern immigrant or refugee. Oral presentation at the 10th Panhellenic Conference of Psychological Research of the ELPSE, Ioannina, Greece.

Fitzpatrick, M., Dimitriadou, E., & Stalikas, A. (December 2005). The potential contribution of Consensus Qualitative Research (CQR) in identifying and studying the role of positive emotions in psychotherapy. Oral presentation at the 10th Pa-Hellenic Conference of Psychological Research "The psychology towards challenges today," ELPSE & University of Ioannina, Ioannina.

Kalantzi- Azizi, A., Stalikas, A., & Mertika, A. (2005). Knowledge of self and psychotherapeutic relationship. Oral presentation at the International Conference "Psychology and Society", Athens, Greece.

Mertika, A., Sergianni, C., & Stalikas, A. (2005). Positive emotions and perspective of the treated at the beginning of therapy. Oral presentation at the 10th Pan-Hellenic Conference of Psychological Research of the ELPSE, Ioannina, Greece.

Mertika, A., Seryianni, C., & Stalikas, A. (2005). Exploring positive affect and broadening in psychotherapy sessions. Oral Presentation at 36th Annual Conference of Society for Psychotherapy Research, Montreal, Canada.

Mitskidou, P., Kasvikis, Y., & Stalikas, A. (2005). Therapeutic alliance and Homework compliance: Their relationship with outcome in exposure treatment of Anxiety disorders. 35th Annual Congress of the EABCT. Poster session.

Boutri, A., & Stalikas, A. (2005). The recording of "Broadening process" in Psychotherapy. 10th Conference of Psychological Research, Ioannina, November 2005.

Seryianni, C., Mertika, A., & Stalikas, A. (2005). Investigation of the application of the theory of positive emotions in psychotherapy. Oral presentation at the 10th Pan-Hellenic Conference of Psychological Research of the ELPSE, Ioannina, Greece.

Tsagkarakis, M., & Stalikas, A .. (2005, December). Interpretations of negative behaviors of erotic partners: The effect of positive emotions and adult adherence. Oral presentation at the 9th Pan-Hellenic Conference of Psychological Research, Ioannina.

Tsirikos, A., & Stalikas, A. (2005). The effect of positive emotions in the health sector: degree and rapidness of rehabilitation in cardiology patients. Oral presentation at the 10th Pan-Hellenic Conference of Psychological Research of the ELPSE, Ioannina, Greece.

Bousoulas, K., & Stalikas, A. (December 2004) The effects of systemic family therapy techniques on in-sessions changes in the context of brief systemic family therapy. Oral presentation at the 1st International Conference of the Psychological Society of Northern Greece, Thessaloniki, Greece.

Boutri, A., & Stalikas, A. (2004). What is the contribution of positive emotions in psychotherapy? 1st International Conference of the Psychological Society of Northern Greece: Life Quality and Psychology, Thessalonici, Greece, December 2004.

Boutri, A., Mertika, A., Gazzola, N., & Stalikas, A. (June 2004) Building an instrument for measuring "Broadening" in psychotherapy. Presentation. Poster during the 35th Congress of Society for Psychotherapy Research 6–19 June, Rome, Italy.

Galanakis M., & Stalikas, A. (December 2004). Positive Emotions, Occupational Stress and Quality of Life: Implications and Research Directions. Oral Presentation at the 1st International Conference Quality of Life and Psychology by the Psychological Society of Northern Greece, Thessaloniki, Greece.

Galanakis, M., & Stalikas, A. (June 2004). The applications of the Theory of Positive Emotions to Stress Management. Paper Session at the 35th Annual Meeting of the Society for Psychotherapy Research, 16 - 19 June, Rome, Italy.

Galanakis, M., & Stalikas, A. (June 2004). The applications of the Theory of Positive Emotions to Stress Management. Paper Session at the 2nd European Conference of Positive Psychology, 5-8 July 2004 Verbania Pallanza, Italy.

Dimitriadou, E., & Stalikas, A. (December 2004). The advantageous effects of Positive Emotions to psychological Well Being and their Relation to Psychological resilience. Oral presentation at the 1st International Conference of the Psychological Society of Northern Greece, Thessaloniki, Greece.

Dimitriadou, E., Moustaki, M., Galanakis, M., & Stalikas, A. (June 2004). Positive Emotions, Positive Appraisal, Positive Meaning Finding, and Psychological Resilience: Hypotheses of reciprocity and inferences of causality. Presentation. Poster during the 35th Conference of Association for Psychotherapy Research 16–19 June, Rome, Italy.

Fitzpatrick, M., Drapeau, M., & Stalikas, A. (June 2004). Alliance development and session processes. Paper Session: Outcome Measures, Process Measures at the 35th Conference of Association for Psychotherapy Research 16–19 June, Rome, Italy.

Mitskidou, P., & Stalikas, A., (December 2004) Treatment Outcome and Quality of life. The relationship of homework compliance and therapeutic alliance in Behavioural psychotherapy of anxiety disorders. Προφορική παρουσίαση στο 1st International Conference of Psychological Society of Northern Greece. Oral presentation.

Mitskidou, P., Sotiropoulou, V., Seryianni, C., & Stalikas, A. (June 2004). The relationship among Positive Emotions, Therapeutic Alliance and Homework Compliance in Behavioural Psychotherapy of Anxiety Disorders. Presentation. Poster during the 35th Conference of Association for Psychotherapy Research 16–19 June, Rome, Italy.

Moustaki, M., Charalambous, V., & Stalikas, A. (December 2004). Positive Emotions in Organizational Settings: A Review. Oral presentation at Symposium with topic: "Work and Psychological Well-Being" at the 1st International Conference of the Psychological Association of Northern Greece, Thessaloniki, Greece.

Moustaki M., Galanakis M., Dimitriadou E., & Stalikas, A. (June 2004). The Broaden-and-Build Theory: A Critical Approach. Presentation. Poster during the 35th Conference of Association for Psychotherapy Research 16–19 June, Rome, Italy.

Moraitou, M., & Stalikas, A. (2004). The importance of positive emotions during pregnancy and childbirth. 1st World Congress of Life Quality and Psychology. Organized by Psychological Association of Northern Greece, Thessaloniki.

Moraitou, M., & Stalikas, A. (December 2004) The prevention of depression and its effects during pregnancy and after giving birth. 1st World Congress of Health Psychology. Organized by Hellenic Psychological Association, National Association of Hospital Psychologists and Psychology Department, Panteion University.

Stalikas, A., Mytskidou, P., & Seryianni, C. (2004). Positive Emotions and Psychotherapeutic Change: A pilot study. Oral presentation in the 1st Greek Conference of Health Psychology.

Stalikas, A., Mitskidou, P., & Gazzola, N. (2004) Positive emotions and psychotherapeutic change: A pilot study. Annual Meeting of the Society for Psychotherapy Research. Oral presentation.

Stalikas, A. (June 2004). Positive emotions and psychotherapeutic change: A pilot study. G. Turchetti (President), Process measures, process evaluations in psychotherapy research: Tools of process assessment and outcome predictors. Symposium during the 35th conference of the Association for Psychotherapy Research 6-19 June, Rome, Italy.

Tsagarakis, M., & Stalikas, A. (2004, December). Adult attachment and the quality of life. Paper presented at the 1st International Conference of the Psychological Society of Northern Greece: Quality of Life and Psychology, Thessaloniki.

Boutri, A., Mertika, A., & Stalikas, A. (June, 2003). The concept of broadening in psychotherapy: a phenomenological approach. Oral presentation at the 34th Congress of the Association for Psychotherapy Research. Weimar, Germany.

Galanakis, M., & Stalikas, A. (2003, September). Can Positive Emotions Increase Occupational Stress Resilience? Oral presentation at the 17th European Congress of Health Psychology, Kos, Greece.

Galanakis, M., & Stalikas, A. (2003, May). The Role of the Type of Personality and Experiencing Positive Emotions in Teamwork Effectiveness. Oral presentation at the 9th Pan-Hellenic Conference of Psychological Research of the Hellenic Psychological Society, Rhodes, Greece.

Giotsidi, B., & Stalikas, A. (2003, November). The psychosocial needs and cultural differences of refugees in the light of intercultural counselling. Oral presentation at the 1st National Congress of Counselling Psychology "The counselling psychology in women's issues: Modern Approaches". Organized by Hellenic Psychological Society and University of Athens.

Demetriadou, D., & Stalikas, A. (2003, May). Scale Organizational Citizenship Behavior (OCB): Translation and Adaptation in the Greek language. Oral presentation at the 9th Pan-Hellenic Conference of Psychological Research, Rhodes, Greece.

Kalopisi, C., Moraitou, M., & Stalikas, A. (2003, May). Empirical study of the psychological profile of the candidate Greek mother. Oral presentation at the 1st Scientific Colloquium, Obstetrics department, TEI Thessaloniki, "Research in Obstetrics".

Mertika, A., Boutri, A., & Stalikas, A. (May, 2003). Application of the Delphi Poll technique in the study of positive emotions in psychotherapy. Oral presentation at the 9th Pan-Hellenic Conference of Psychological Research, Rhodes.

Moustaki, M., Kostopoulou, E., & Stalikas, A. (2003, May). Assessment Centres and 360 ° Feedback: Uses and Abuses. At the symposium on "Assessment Issues in Organizational Psychology: Developments and Trends", President: Nikolaou, A., 9th Pan-Hellenic Conference of Psychological Research, Rhodes, Greece.

Bousoulas, K., & Stalikas, A. (2003, May). Use in Systemic Family Therapy of techniques of positive signification of the paradoxical intervention and Circular Questions, and their relationship to the occurrence of in-session phenomena. 9th Pan-Hellenic Conference of Psychological Research of the Hellenic Psychological Society, Rhodes, Greece.

Bousoulas, K., & Stalikas, A. (2003, May). Use of scales of therapists and patients for evaluating the therapeutic procedure. 9th Pan-Hellenic Conference of Psychological Research of the Hellenic Psychological Society, Rhodes, Greece.

Moraitou, M., & Stalikas, A. (2003, May). Factors that influence the occurrence of postpartum depression to the firstborn. 9th Pan-Hellenic Conference of Psychological Research of the Hellenic Psychological Society, Rhodes Greece.

Moraitou, M., Stalikas, A., Emmanuel, E., Kallia, T., Kosta, M., Bouroutzoglou, M., Sandali, E., Tsanaktsidou, M., & Chatzimichaloglou, A. (2003, May) . The effects of prenatal depression in the postpartum period. 1st Scientific Symposium on "Research in Obstetrics". Organized by Department of Obstetrics, TEI Thessaloniki, Greece.

Moraitou, M., & Stalikas, A. (2003, November). Does women lifestyle change when they give birth? The Symposium of Clinical Psychology Division in the 1st National Conference of Counselling Psychology "The counselling psychology in women's issues: Modern Approaches". Organized by Hellenic Psychological Association and the National University of Athens.

Stalikas, A., & Fitzpatrick, M. (June 2003). Positive emotions – Not just an indicator but a generator of change in psychotherapy. Oral presentation at the 34th Congress of the Association for Psychotherapy Research, Weimar, Germany.

Stalikas, A., Fitzpatrick, M., & Galanakis, M. (2003, May). The Role of Positive Emotions in Psychotherapy. Symposium: Psychotherapeutic Dimensions of Positive Emotions, President: Euklidi, A. 9th Pan-Hellenic Conference of Psychological

Research of the Hellenic Psychological Association, Rhodes, Greece.

Tsagkarakis, M., Kafetsios, K., & Stalikas, A. (2003, May). Transfer, Validity check and Reliability of the Revised Scale for Experiences in Interpersonal Relationships (ECR-R Fraley, Waller & Brennan, 2000) in Greek Population. The symposium for the adherence types of adults "A Multicultural Perspective' President: Kafetsios. K, 9th Pan-Hellenic Conference of Psychological Research, Rhodes, Greece.

Chatzimichaloglou, A., Moraitou, M., & Stalikas, A. (2003, May). The assessment of anxiety and depression in Obstetrics professionals. 1st Scientific Symposium on "Research in Obstetrics». Organized by Obstetrics department, TEI Thessaloniki.

Fitzpatrick, M., & Stalikas, A. (June 2002). The study of positive emotion and psychotherapy research. Paper presented at the annual meeting of the Society for Psychotherapy Research, Santa Barbara, CA.

Lamprintzi, E., & Stalikas, A. (2002, October). Work raining and Greek family. National conference "The Greek Family" Athens, organized by Department of Psychology, Center for the study of the family, Athens University.

Bousoulas, K., & Stalikas, A. (2002, October). The therapeutic efficacy of Systemic Family Therapy in psychological disorders. National conference "The Greek Family", Athens, organized by Department of Psychology, Center for the study of the family, Athens University.

Bousoulas, K., & Stalikas, A. (2002, March). The therapeutic efficacy of Systemic Family Therapy in child and adolescent problems (outcome and process research surveys). Clinical Psychology Colloquium of the Hellenic Psychological Association, "The Contribution of Clinical Psychology in Psychosocial Development of Children and Adolescents", Volos. Organized by University of Thessaly, Pedagogical Department.

Moraitou, M., & Stalikas, A. (2002, October). Postpartum depression and personality changes at firstborn. Work Training and Greek family. National conference "The Greek Family", Athens, Organized by Department of Psychology, Center for the study of the family, Athens University.

Moraitou, M., & Stalikas, A. (2002, March). Personality changes at birthright. Clinical Psychology Colloquium of the Hellenic Greek Psychological Association, "The Contribution of Clinical Psychology in Psychosocial Development of Children and Adolescents", Volos. Organized by University of Thessaly, Pedagogical Department.

Sideri, G., Stalikas, A., & Ploumbidis, G. V. (2002, October). The diversity of men and women expression of jealousy towards the potentiality of their partner's infidelity. Determination of (a) personality characteristics and (b) idiosyncrasy characteristics that distinguish the behavior of both sexes. National conference "The Greek Family", Athens, Organized by Department of Psychology, Center for the study of the family, Athens University.

Tellides, C., Fitzpatrick, M., & Stalikas, A. (June, 2002). TA review of therapist behaviors and techniques positively impacting the therapeutic alliance. Poster presented at the Annual meeting of the Society of Psychotherapy research, Santa Barbara, CA.

Tellides, C., Fitzpatrick, M., Stalikas, A., Mulcahey, C., Vahaviolos, A., Copeland, W., & Kasemi, M. (March, 2002). Therapist behavior in improving and continuing poor alliance therapies. Poster presented at the Annual meeting of the Eastern Psychological Association, Boston, MA.

Georgiadou, X., Andreadi, H.G., Chamodraka, M., Demas, C., Mertika, A., & Stalikas, A. (2001). The developmental change of therapist interventions in dealing with client strong emotional episodes. Paper presented at the 7th European Congress of Psychology, London, United Kingdom.

Moraitou, M., & Stalikas, A. Melancholy during postpartum, 8th Pan-Hellenic Conference of Psychological Research, Alexandroupolis, organized by Hellenic Psychological Association.

Stalikas, A. Invited speaker at the VIII Annual Congress of European Advisory Company (E.A.C.), "Counselling in the Prevention Area."

Tellides, C., Stalikas, A., Aberhaim-Feld, S., Jansen, J., Papadopoulou M., Fernades, M., & Beaudoin, C. (2001) Therapist technical activities in improving alliance therapies: a discovery-oriented study. Poster annual meeting of the Eastern Psychological Association, Washington, D.C.

Stalikas, A., (2000, May). The Psychological Assessment as an Integral Part of the Therapeutic Procedure. Speech at the conference "Developmental Psychopathology: Assessment in Clinical Practice and Research", Association for the Mental Health of Children and Adolescents.

Rogan, K., Stalikas, A., Fitzpatrick, M., & Apel, S. (2000, June). The development of the working alliance and client and therapist evaluations of session impact across the course of therapy. Poster presentation for the Society for Psychotherapy Research, Annual Meeting, Chicago, IL.

Fitzpatrick, M., Rogan, K., Stalikas, A., & Tellides, C. (2000, June). Perspective convergence in the working alliance. Poster session at the annual meeting of the Society for Psychotherapy Research, Chicago, Ill.

Chryssikou, E., Chamodraka, M., Papandreou, M., & Stalikas, A. (July 23-28, 2000). Assessing Client's Involvement: Translation and standardization of the Experiencing Scale in the Greek Language. Paper presented at the XXVII International Congress of Psychology Stockholm, Sweden.

Andreadi, H-G, Boutri, A., Dimas, C., Maragou, A., Mertika, A., & Stalikas, A. (1999). The category list of Good Moments: A way of measuring in-session therapeutic phenomena. Translation, standardization and Revision. Paper presented at

Symposium «Measurement and Methodological Issues in Psychotherapy» in the 5th European Congress of Psychological Assessment, Patra, Greece.

Chryssikou, E., Chamodrakas, M., Papandreou, M., & Stalikas, A. (1999, August). Assessing clients' therapeutic involvement: a revision, translation and standardization of the Experiencing Scale. Paper presented at the 5th European Conference on Psychological Assessment. University of Patras, Greece.

Gazzola, N., Lemieux, P., Petsopoulos, I., Bouabjian, S., & Stalikas, A. (1999, August). Types of interpretations in non-dynamic psychotherapies. Paper presented at the annual meeting of the American Psychological Association. Boston, MA.

Gazzola, N., Morse, B., Apel, S., Plescia, M., & Stalikas, A. (1999, August). The relationship between emotionality, interpretation, and in-session client change. Paper presented at the annual meeting of the American Psychological Association. Boston, MA.

Stalikas, A. (1999, August). Measurement and Methodological issues in Psychotherapy. Invited speaker at the 5th European Conference on Psychological Assessment, Patras, Greece.

Stalikas, A. (1999, March). Construction of Psychometric Instruments in Greece. The performing arts and special problems of artists: a psychological approach, The HIV / AIDS disease prevention, awareness and treatment interventions. VII National Conference of Psychological Research, University of Cyprus, Nicosia.

Fitzpatrick, M., Stalikas, A., & Levitt, J. (1997, August). The working alliance, counselor verbal response modes, and client good moments. Poster session at the American Psychological Association annual convention, Chicago, IL.

Fitopoulos, L., Rogan, K., & Chaloner, R. (1997, April). The revision of the Category System of Good Moments. In A. Stalikas (Chair), "Recent developments in the use of the Category System of Good Moments in psychotherapy process research" Symposium conducted at the meeting of the Eastern Psychology Association, Washington, DC.

Fitzpatrick, M., & Rogan, K. (1997, April). The working alliance: Current theory and research. In A. Stalikas (Chair), "The working alliance: Current theory and research". Symposium conducted at the meeting of the Eastern Psychology Association, Washington, DC.

Rogan, K., Iwakabe, S., & Fitopoulos, L. (1997, April). Client and therapist perceptions of the working alliance and their relationship to therapeutic process and outcome. In A. Stalikas (Chair), "The working alliance: Current theory and research." Symposium conducted at the meeting of the Eastern Psychology Association, Washington, DC.

Stalikas, A. (1997, April). Recent developments in the use of the Category System of Good Moments in Psychotherapy Process Research. (Chair & Discussant).

Symposium conducted at the Annual Meeting of the Eastern Psychological Association, Washington, D.C.

Stalikas, A. (1997, April). The Working Alliance: Current Theory and research (Chair & Discussant). Symposium conducted at the Annual Meeting of the Eastern Psychological Association, Washington, D.C.

Stalikas, A., Morel, K., Audet, C., & Caputo A. (1996, August). The relationship between client behavior and strength of feeling: An exploratory study. Interactive presentation at the XXVI International Congress of Psychology, Montreal, Canada.

Stalikas, A., Gazzola, N., Berkovic, M., & Avellino, F. (1996, August). The relationship between emotionality, interpretation, and in-session client change: a preliminary report. Interactive presentation at the XXVI International Congress of Psychology, Montreal, Canada.

Stalikas, A., Iwakabe, S., & Rogan, K. (1996, August). An alternative conceptualization regarding the importance of client emotional involvement and the occurrence of in-session therapeutic phenomena. Symposia presented at the XXVI International Congress of Psychology, Montreal.

Stalikas, A., Kuchel, S., Dumont, F., & Gazzola, N. (1996, August). The relationship between value convergence and therapeutic outcome: A preliminary study. Interactive presentation at the XXVI International Congress of Psychology, Montreal, Canada.

Stalikas, A., Rogan, K., & Iwakabe, S. (1996, August). Methodological issues in studies on emotion in psychotherapy process. Interactive presentation at the XXVI Congress of Psychology, Montreal, Canada. In A. Stalikas, (Convener and Chair) "Emotions in Psychotherapy: Latest developments in research, theory and assessment." Symposium conducted at the XXVI International Congress of Psychology, Montreal, Canada.

Stalikas, A., Peternelli, L., Fitzpatrick, M., & Iwakabe, S, Rogan, K. (1996, March). Emotions and Psychotherapy: Theoretical, and research questions. In W. Bucci, (Chair) "Emotions in Psychotherapy". Symposium conducted at the Annual Meeting of the Eastern Psychological Association, Philadelphia.

Berkovic, M., Stalikas, A., Kuchel, S., & Healy, P. (1995, April). In search of competence: A discovery-oriented process research approach. In M. E. Sherman (Chair) "Psychotherapy processes." Paper session conducted at the Annual Meeting of the Eastern Psychological Association, Boston, Mass.

Berkovic, M., Stalikas, A., Rogan, K., Allard, N. (1995, April). Insight: The search concurrent validity. In M. E. Sherman (Chair) "Psychotherapy processes." Paper session conducted at the Annual Meeting of the Eastern Psychological Association, Boston, Mass.

Carson, A., & Stalikas, A. (1995, August). Correlations between MBTI scales and the Differential Aptitude Tests. Paper present at the Annual Convention of the American Psychological Association, New York, USA.

Chaloner, R., Gazzola, N., Stalikas, A., & Alessio, M. (1995, July). Successful therapist interventions: Facilitating experiencing in client-centered therapy. Poster presentation at the Annual Convention of the Canadian Psychological Association, Charlottetown, P.E.I.

Chaloner, R., Stalikas, A., Darwin, D., & Winter-Fledderus, S. (1995, April). Therapist interventions and client experiencing: What does the therapist do to increase the client experiencing level? In M. E. Sherman (Chair) "Psychotherapy processes." Paper session conducted at the Annual Meeting of the Eastern Psychological Association, Boston, Mass.

Iwakabe, S., Stalikas, A., Carson, A., Gazzola, N., & Holthuis, H. (1995, July). A method for assessing client emotional processes in counselling. Paper presented at the 4th European Congress of Psychology, Athens, Greece.

Iwakabe, S., Stalikas, A., Allard, N., & Pollard, J. (1995, July). A method for assessing client emotional processes in counselling. Poster presentation at the Annual Convention of the Canadian Psychological Association, Charlottetown, P.E.I.

Iwakabe, S., Stalikas, A., Fitopoulos, L., & O' Hashi, E. (1995, April). Revision development and validation of the client strength of feeling scale: Measuring emotional processes in psychotherapy. In M. E. Sherman (Chair) "Psychotherapy processes." Paper session conducted at the Annual Meeting of the Eastern Psychological Association, Boston, Mass.

Fitopoulos, L., Stalikas, A., Moraitou, M., & Skarangas, D. (1995, July). The translation and standardization of the Myers-Briggs Type Indicator in the Greek language. Poster presentation at the Annual Convention of the Canadian Psychological Association, Charlottetown, P.E.I.

Fitopoulos, L., Stalikas, A., Moraitou, M., Skarangas, D., & Carson, A. (1995, July). The translation and standardization of the Myers-Briggs Type Indicator in the Greek language. Paper presented at the 4th European Congress of Psychology, Athens, Greece.

Fitzpatrick, M., Stalikas, A., Iwakabe, S., & Morel, K. (1995, August). Counsellor interventions, the working alliance and the client change process. Paper presented at the Annual Convention of the American Psychological Association, New York, USA.

Fitzpatrick, M., & Stalikas, A. (1995, April). Therapist interventions: facilitating and hindering emotional arousal. In W. Talley (Chair) "Inferences and interventions: An inquiry into counsellor and client cognitive, affective, and behavioral variables." Symposium conducted at the Annual Meeting of the Eastern Psychological Association, Boston, Mass.

Gazzola, N., Stalikas, A., Gabel, J., & Noel, C. (1995, April). The process of change in client centered therapy: Therapist interventions, and client change events. In M. E. Sherman (Chair) "Psychotherapy processes." Paper session conducted at the Annual Meeting of the Eastern Psychological Association, Boston, Mass.

Peternelli, L., Gabel, J., Stalikas, A., & Fitopoulos, L. (1995, July). In-Session change in client-centered therapy: An exploratory study. Paper presented at the 4th European Congress of Psychology, Athens, Greece.

Peternelli, L., Stalikas, A., Georgiadou, P., & Morel, K. (1995, July). Client emotional arousal and in-session change events: What is their relationship? Paper presented at the 4th European Congress of Psychology, Athens, Greece.

Peternelli, L., Stalikas, A., Dimitri, A., & Gazzola, N. (1995, July). The process of change in client-centered therapy: Therapist interventions, emotionality, and in-session change events. Paper presented at the 4th European Congress of Psychology, Athens, Greece.

Peternelli, L., Stalikas, A., Dimitri, A., & Gazzola, N. (1995, July). Change in client-centered therapy: Therapists interventions, emotionality, and change events. Poster presentation at the Annual Convention of the Canadian Psychological Association, Charlottetown, P.E.I.

Peternelli, L., Stalikas, A., Morel, K., & Alessio, M. (1995, April). The relationship between different levels and types of client emotional arousal and in-session change events. In M. E. Sherman (Chair) "Psychotherapy processes." Paper session conducted at the Annual Meeting of the Eastern Psychological Association, Boston, Mass.

Peternelli, L., Stalikas, A., Joseph, C., & Holthuis, H. (1995, April). The process of in-session change in client centered therapy. In M. E. Sherman (Chair), "Psychotherapy processes." Paper session conducted at the Annual Meeting of the Eastern Psychological Association, Boston, Mass.

Stalikas, A., Peternelli, L., Fitzpatrick, M., & Iwakabe, S. (1995, July). A model for comprehending emotional change. In W. Talley, (Chair) "Emotions in Psychotherapy: Latest developments in theory, research and practice." Symposium at the 4th European Congress of Psychology, Athens, Greece.

Stalikas, A., Dumont, F., Fitzpatrick, M., Aronoff, D., Smith, D., & Kelner, N. (1995, July). Process and inferential research: Some commonalities and some differences. In W. Talley (Chair) "Inferences and interventions: An inquiry into counsellor and client cognitive, affective, and behavioral variables." Symposium conducted at the 4th European Congress of Psychology, Athens, Greece.

Stalikas, A., Tsakanikas, M., Gavaki, E., Papastamou, S., & Dimitriadou, E. (1995, July). Ethnic Identity and Nationalism: Where does the difference lie? In A. Stalikas (Chair) "Ethnic identity, self-esteem and academic achievement: Psychological and sociological perspectives." Symposium conducted at the 4th European Congress of Psychology, Athens, Greece.

Stalikas, A. (1995, April). Emotions revisited: a new model for a better comprehension of therapeutic change. In W. Talley (Chair) "Emotions in psychotherapy: Latest developments in theory, research and practice." Symposium conducted at the Annual Meeting of the Eastern Psychological Association, Boston, Mass.

Stalikas, A., & Fitzpatrick, M. (1995, April). The importance of experiencing in the process of therapeutic change. In W. Talley (Chair) "Inferences and interventions: An inquiry into counsellor and client cognitive, affective, and behavioral variables." Symposium conducted at the Annual Meeting of the Eastern Psychological Association, Boston, Mass.

Fitzpatrick, M., Berkovic, M., Coward, M. & Stalikas, A. (1994, June). Investigating client change: A discovery oriented, process research approach. Paper presented at the Annual Convention of the Professional Corporation of Counsellors of Quebec, Montreal, Quebec.

Paraskevopoulos, A. & Stalikas, A. (1994, June). Counselling clients with specific issues that exist across the HIV/AIDS continuum. Paper presented at the Annual Convention of the Professional Corporation of Counsellors of Quebec, Montreal, Quebec.

Peternelli, L., Gabel, J., Morel, K. A. & Stalikas, A. (1994, June). Working with the emotional arousal level: An intensive analysis approach. Paper presented at the Annual Convention of the Professional Corporation of Counsellors of Quebec, Montreal, Quebec.

Stalikas, A., Peternelli, L., Kuchel, S., Kornhauzer, M., & Rogan, K. (1994, August). Therapist use of client emotional arousal: Methods and some research findings. Poster presented at the 1994 APA Annual Convention, Los Angeles, USA.

Stalikas, A. (1994, July). How does client change occur: A discovery-oriented, process research strategy answer. Paper presented at the 23rd International Congress of Applied Psychology, International Association of Applied Psychology. Madrid, Spain.

Stalikas, A.(1994, May). Counsellor use of client emotional: Methods and some research finding. Paper presented at the at the Annual Convention of the Eastern Psychological Association., Providence, Rhode Island.

Stalikas, A.(1993, June).Relationships between the occurrence of good moments, experiencing and strength of feeling in three different types of therapies. Paper presented at the 4th Pan Hellenic Conference of Psychological Research, Thessaloniki, Greece.

Stalikas, A.(1993, May).Comparative analyses of client change events in Rational-Emotive and Gestalt psychotherapies. In W. Talley (Chair) "Process variables in counselling sessions: Comprehending therapeutic process." Symposium conducted at the Annual Convention of the Canadian Psychological Association.

Stalikas, A.(1992, August).Affective states of counsellors and the evaluation of in-session therapeutic phenomena. In W. Talley (Chair) "Clinical inferential processes: Influence of experience, mood and other therapist variables."Symposium conducted at the Annual Convention of the American Psychological Association.

Stalikas, A (1992, July). Interrelationships between client change events and client strength of feeling in three therapies. Paper presented at the 25th International Congress of Psychology, International Union of Psychological Science. Brussels, Belgium.

Stalikas, A. (1992, May). The effects of emotional arousal in the counselling process: A literature review, and some methodological issues. Paper presented at the Annual Convention of the International Round Table for the Advancement of Counselling. Budapest, Hungary.

Stalikas, A. (1992, April). Interrelationships between client strength of feeling, in-session client change events and type of therapy. In W. Talley (Chair) "Process variables in psychotherapy: Inferential processes and in-session therapeutic phenomena." Symposium conducted at the Annual Convention of the Eastern Psychological Association, Boston.

SCIENTIFIC ASSOCIATIONS

- American Psychological Association (APA). Member of: Counselling Psychology (17), Psychotherapy (29), Clinical Psychology (12).
- Canadian Psychological Association (CPA). Member of: Counselling Psychology and Clinical Psychology.
- Ordres des Psychologues du Quebec (OPQ).
- Society for Psychotherapy Research.
- Hellenic Psychological Association.
- Hellenic Association of Positive Psychology (President).